

Name Full Name

DOB Date of Birth

PATIENT AGREEMENT TO TREATMENT

Name of procedure: Insertion of Intra uterine System – Mirena/IUS

Statement of health professional (to be filled in by health professional with appropriate knowledge of proposed procedure as specified on consent policy)

I have explained the procedure to the patient/parent. In particular, I have explained that an IUS is a small T shaped plastic device containing the hormone progesterone, which is fitted inside the uterus (womb)

The intended benefits are:

- It is highly effective method of preventing pregnancy by preventing implantation
- It works for 5 years.
- It does not interfere with sex.
- After you have used an IUS for about 3 months or so your periods usually become much lighter and shorter, so an IUS can be useful if you usually have heavy painful periods.
- An IUS usually reduces or gets rid of period pain.
- Your usual fertility returns quickly when the IUS is removed.

Serious or frequently occurring risks are rare. However:

- Occasionally a woman becomes pregnant whilst the device is still in the uterus (womb). Out of every 100 women who use an IUS less than 1 woman may become pregnant in a year.
- Some women may have cysts on their ovaries in the first few months. These are not dangerous and do not usually need to be treated. Often there are no symptoms, but some women may have pelvic pain. These cysts usually disappear without treatment.
- There is a small chance of you getting an infection, which may result in future infertility by blocking the tubes
- Most women have slight irregular bleeding between periods for the first 3 months or so. This is annoying but should settle down.
- You may get temporary side effects such as headaches, acne and breast tenderness if you do get any of these they usually go away after a few months
- The womb can push out the IUS (expulsion can occur in 1:20 women and is most common in the first year of use particularly within 3 months of insertion) Or it can move this is why your doctor or nurse will teach you how to check the threads of your IUS every month
- Rarely the IUS might go through (perforate) the womb or cervix when it is fitted. This may cause pain but often there are no symptoms. If this happens the IUS may have to be removed by surgery.

Signature of patient

Signature of GP